



California Whitewater Rafting

Since 1962

## PRE-TRIP REQUIREMENT

### FOR MINORS WITHOUT A PARENT OR LEGAL GUARDIAN ON TRIP:

**Complete this 3-page form with 2 signatures**

**INSTRUCTIONS:** For each unaccompanied minor (under 18 years of age) the Parent or Legal Guardian must **COMPLETE and SIGN** this Parent Permission and Welcome to All-Outdoors, Liability Release document, 3 pages, 2 signatures. **IN ADVANCE** of the trip: Email, fax, or USPS mail copies of these 3 completed pages to the All-Outdoors business address (addresses at the bottom of this page) **AND**

**DAY OF TRIP:** Bring a copy to the trip and hand them in at check-in.

## PARENT PERMISSION FORM

**PLEASE WRITE LEGIBLY**

1. Name of the **Group Organizer** (person's name who reserved the trip): \_\_\_\_\_

Activity Number(optional): \_\_\_\_\_

2. My permission is given for (please print minor's name) \_\_\_\_\_

to participate in an All-Outdoors whitewater rafting trip.

**Parent/Guardian Printed Name** \_\_\_\_\_

**Parent/Guardian Signature** \_\_\_\_\_ **Today's Date** \_\_\_\_\_

3. My permission is given for emergency medical care if I cannot be reached by phone.

Known health issues, allergies or medications \_\_\_\_\_

Date of Birth \_\_\_\_\_

**Parent/Guardian signature** \_\_\_\_\_ **Today's Date** \_\_\_\_\_

4. Parent/Guardian Name & phone # (\_\_\_\_) \_\_\_\_\_ or (\_\_\_\_) \_\_\_\_\_

### All-Outdoors Whitewater Rafting

PO Box 481 / Lotus CA 95651/ (925) 932-8993 or (800) 247-2387

Fax: (925) 932-3436 / E-Mail: reservations@AOrafting.com

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## Welcome to Your All-Outdoors Rafting Trip!

We're so glad to have the opportunity to take you rafting with us today! But before we get on our way, we've got to take care of some essential paperwork. Fill out this form in its entirety, and be sure to read and sign the liability release section on the back. If you're under 18 years of age, have your parent or guardian sign for you. **PLEASE WRITE LEGIBLY. THANK YOU!**

Have you ever rafted with *All-Outdoors* before?

☐

YES

☐

NO

☐

UNSURE

Sign in with the name you prefer the records reflect and note any other AKA\* name (maiden name, nickname) we may currently have on record for you.

First Name

\*AKA:

Last Name

Home Address

Apt Number

Zip

City

State

Country (if not U.S.)

Date of Birth

MM

DD

YY

E-mail

Cell #

Alt

## WIN A FREE TRIP FOR TWO and Receive AO eNews!!!

When you subscribe to the AO eNews, you are automatically entered into our free trip monthly drawing April through October. Our periodic eNews provides helpful information about up-to-date river news, events, specials, and more. We promise that we will never sell, trade, or share your personal information with anyone! You can easily unsubscribe at any time.

☐

Yes, I want to be entered into the AO monthly contest to win a FREE 1-Day trip for two persons and sign up for the AO eNews.

(Please check your spam folder from time-to-time if you don't receive your eNews.)

☐

No, I am not interested in a free trip and the AO eNews.

### PRE - RIVER ORIENTATION

- |                                        |                                         |                                       |                                               |
|----------------------------------------|-----------------------------------------|---------------------------------------|-----------------------------------------------|
| 1. Introductions- guides & guests      | 17. Step below slippery rocks           | 25. Follow your guides hand signals:  | k) Don't try to stand in moving water         |
| 2. Any non-English? Assign interpreter | 18. Caution: snakes, poison oak, ticks  | a) OK                                 | l) Catch a throw line! Put over               |
| 3. Questions? Ask at any time          | 19. Medical concerns?                   | b) Point Positive                     | shoulder & float on your back                 |
| 4. Unique items for today's trip       | Tell your guide if you have:            | 26. If raft gets stuck on small rock  | 29. Getting back in raft: Make contact,       |
| 5. Items for the "dry bag"             | a) Neck or back problems, if yes,       | 27. If raft gets sideways to big rock | helpers lift by armpits or lifejacket ,       |
| 6. Avoid sunscreen on backs of         | do not lift rafts or heavy objects      | 28. If you fall out of raft:          | not by arms or wrists.                        |
| legs or forehead                       | b) Severe allergic reactions to         | a) Look downstream, feet up           | 30. Life jacket buckled & tight at all times. |
| 7. Plan for the day and trip           | things such as bee stings,              | b) LISTEN for directions              | Off OK only at lunch and camp.                |
| 8. River etiquette - quiet zone,       | food, etc. (carry epi-pen?)             | c) Avoid downstream of raft           | No knots in straps.                           |
| low impact                             | c) Low blood sugar, asthma, or any      | d) Under raft? Go in one direction    | 31. Make sure your life jacket fitting has    |
| 9. Potty rules                         | other condition that could affect your  | e) Backstroke / ferry angle           | been checked by AO guide.                     |
| 10. No smoking or chewing gum on raft  | trip and require medical attention      | f) Take breath in trough of wave      | 32. Questions? Anyone not want to go?         |
| 11. Smoke only in clear areas          | 20. Water fighting: no paddles or body  | g) Hold nose, turn face to wave       | 33. Please return your signed release         |
| 12. Shoe concerns, must wear, rinse    | contact. Care w/ buckets / water guns   | h) In a reversal? Swim to side        | form to AO guide.                             |
| 13. Keep feet inside raft              | 21. Rafting position: weight on feet,   | or push down                          | 34. Assign guest crews to guides.             |
| 14. No diving from raft or shore       | lean forward                            | i) Avoid brush on side of river       | 35. Now, go to raft for positions and         |
| 15. No swimming without guide's OK     | 22. Paddle grip for power & control     | j) Swim to side if clear,             | and further orientation.                      |
| 16. Don't drink river water            | 23. Commands & paddling together        | upstream angle on belly               |                                               |
|                                        | 24. Listen to your guide's instructions |                                       |                                               |

ALL-OUTDOORS USE:

Itinerary \_\_\_\_\_ Guide \_\_\_\_\_ Res. Name \_\_\_\_\_

Meet Time \_\_\_\_\_ Day \_\_\_\_\_ Date \_\_\_\_\_ Reserved # \_\_\_\_\_ of \_\_\_\_\_

## PARTICIPANT AGREEMENT, RELEASE AND ASSUMPTION OF RISK

In consideration of the services of All-Outdoors, Inc., DBA All-Outdoors California Whitewater Rafting, the State of California, Department of Parks and Recreation, US Bureau of Reclamation, any other governmental agency, Pacific Gas & Electric Company, Placer County Water Agency, Sacramento Municipal Utility District, other water resource entities, and their agents, owners, officers, volunteers, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "AO"), I hereby agree to release, indemnify, and discharge AO, on behalf of myself, my spouse, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I acknowledge that my participation in Guided River Trips – Class 1-5 Whitewater Rafting Activities entails known and unanticipated risks that could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.

**The risks include, among other things:** slipping and falling; accidental drowning; whitewater rapids will be encountered; collision with fixed or moveable objects or other watercraft; being jolted, jarred, bounced, and shaken during rides; contact with food boxes, other storage containers, or other fixed equipment necessary to the operation of the expedition and the outfitting of the raft; "washed" overboard resulting in having to swim rapids risking collision with rocks and entanglement in trees; damage to equipment or personal injury; exposure to temperature and weather extremes which could cause cold water shock, hypothermia, hyperthermia (heat related illnesses), heat exhaustion, sunburn, dehydration; exposure to sun, strong wind, cold, storms, large waves, eddies, whirlpools, and lightning; exposure to potentially dangerous wild animals, insect bites, and hazardous plant life; transmissible pathogen or disease; equipment failure; improper lifting or carrying; travel in remote areas with poor or no access to emergency and/or medical services; my own physical condition, and the physical exertion associated with this activity.

Furthermore, AO personnel have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They might misjudge the weather or other environmental conditions. They may give incomplete warnings or instructions, and the equipment being used might malfunction.

2. I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks. Additionally, I agree to wear a U.S. Coast Guard approved personal flotation device (life jacket) while participating in this activity.
3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless AO from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of AO's equipment or facilities, **including any such claims which allege negligent acts or omissions of AO.**
4. Should AO or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
5. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.
6. In the event that I file a lawsuit against AO, I agree to do so solely in the state of California, and I further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining document shall remain in full force and effect.
7. The undersigned waives the protection afforded by any statute or law in jurisdiction whose purpose, substance, cause and/or effect is to provide that a general release shall not extend to claims, material or otherwise, which the person giving the release does not know or suspect to exist at the time of executing this release. This means, in part, that the undersigned is releasing unknown future claims and specifically waives the provisions of California Civil Code Section 1542 which provides: A general release does not extend to claims that the creditor or releasing party does not know or suspect exist in his or her favor at the time of the executing the release and that, if known by him or her, would have materially affected his or her settlement with the debtor or released party.

**By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against AO and agencies on the basis of any claim from which I have released them herein. I also agree that this document is valid for subsequent visits and participation at AO. I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.**

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

### PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION (Must be completed for participants under the age of 18)

In consideration of the following minor: (print name) \_\_\_\_\_ being permitted by AO to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold harmless AO from any and all claims which are brought by, or on behalf of minor, and which are in any way connected with such use or participation by minor. Minor DOB \_\_\_\_\_

Parent or Guardian: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_