ll-Outdoors

California Whitewater Rafting Since 1962

PRE-TRIP REQUIREMENT FOR MINORS <u>WITHOUT A PARENT OR LEGAL GUARDIAN</u> ON TRIP: Complete this 3-page form with 2 signatures

INSTRUCTIONS: For each unaccompanied minor (under 18 years of age) the Parent or Legal Guardian must <u>COMPLETE</u> <u>and SIGN</u> this Parent Permission and Welcome to All-Outdoors, Liability Release document, 3 pages, 2 signatures. **IN ADVANCE** of the trip: Email, fax, or USPS mail copies of these 3 completed pages to the All-Outdoors business address (addresses at the bottom of this page) *AND*

DAY OF TRIP: Bring a copy to the trip and hand them in at check-in.

	P	ARENT PERMISSION FO	RM				
	Please select your trip itinerary below	v and write the trip date here:/	_/				
	South Fork American	Middle Fork American	North Fork American □ 1-Day				
	1-Day: □ Lower Gorge □ Upper Chili Bar	□ 2-Day □ 3-Day	<i>Kaweah</i> □ 1-Day				
	Express: □ Lower Gorge □ Upper Chili Bar 2-Day:	Merced □ 1-Day Tuolumne	North Fork Stanislaus or Goodwin Canyon				
	□ South Fork/Middle Fork □ 2-Day Combo	□ 1-Day □ 2-Day □ 3-Day □ Combo w/Cherry Creek	Cal-Salmon □ 1-Day	Cherry Creek □ 1-Day			
	PLEASE WRITE LEGIBLY						
1.	Name of the Group Organizer (person's	s name who reserved the trip):					
2.	ly permission is given for (please print minor's name)						
	to participate in an All-Outdoors whitewa	ater rafting trip.					
	Parent/Guardian Printed Name		_				
	Parent/Guardian Signature		Today's Date				
3.	My permission is given for emergend	y medical care if I cannot be reached by	phone.				
	Health Plan						
	Member ID number						
	Known health issues, allergies or medica	ations					
	Date of Birth						
	Parent/Guardian signature		Today's Date				
4.	Parent/Guardian Name & phone # (_) or ()					



Welcome to Your All-Outdoors Rafting Trip!

California Whitewater Rafting



We're so glad to have the opportunity to take you rafting with us today! But before we get on our way, we've got to take care of some essential paperwork. Fill out this form in its entirety, and be sure to read and sign the liability release section on the back. If you're under 18 years of age, have your parent or guardian sign for you. **PLEASE WRITE LEGIBLY. THANK YOU!**

Have you eve	er rafted with All - (Dutdoors before?	YES	NO	UNSURE
Sign in with the name	you prefer the records re	flect and note any other AKA* na	me (maiden name, nick	name) we may curr	rently have on record for you.
First Name					*AKA:
Last Name					
					Apt Number
Home Address					
Zip		City			
State	Country (if not U.S.		Date	e of Birth	
E-mail				M	
Cell #			Alt		

WIN A FREE TRIP FOR TWO and Receive AO eNews!!!

When you subscribe to the AO eNews, you are automatically entered into our free trip monthly drawing April through October. Our periodic eNews provides helpful information about up-to-date river news, events, specials, and more. We promise that we will never sell, trade, or share your personal information with anyone! You can easily unsubscribe at any time.

Yes, I want to be entered into the AO monthly contest to win a FREE 1-Day trip for two persons and sign up for the AO eNews. (Please check your spam folder from time-to-time if you don't receive your eNews.)

No, I am not interested in a free trip and the AO eNews.

PRE - RIVER ORIENTATION								
 An Qu Qu Qu Qu Pita Av leg Av leg Pita Rivis Nov Po Nov Nov Nov Sh Nov Nov Sh Nov 	troductions- guides & guests by non-English? Assign interpreter uestions? Ask at any time nique items for today's trip ems for the "dry bag" void sunscreen on backs of gs or forehead an for the day and trip ver etiquette - quiet zone, w impact botty rules o smoking or chewing gum on raft noke only in clear areas noe concerns, must wear, rinse eep feet inside raft o diving from raft or shore o swimming without guide's OK on't drink river water	 17. Step below slippery rocks 18. Caution: snakes, poison oak, ticks 19. Medical concerns? Tell your guide if you have: a) Neck or back problems, if yes, do not lift rafts or heavy objects b) Severe allergic reactions to things such as bee stings, food, etc. (carry epi-pen?) c) Low blood sugar, asthma, or any other condition that could affect your trip and require medical attention 20. Water fighting: no paddles or body contact. Care w/ buckets / water guns 21. Rafting position: weight on feet, lean forward 22. Paddle grip for power & control 23. Commands & paddling together 	25. a) b) 26. 27. 28. a) b) c) d) c) f) g) f) g) h)	Follow your guides hand signals: OK Point Positive If raft gets stuck on small rock If raft gets sideways to big rock If you fall out of raft: Look downstream, feet up LISTEN for directions Avoid downstream of raft Under raft? Go in one direction Backstroke / ferry angle) 29. 30. 31. 32. 33. 34.	Don't try to stand in moving water Catch a throw line! Put over shoulder & float on your back Getting back in raft: Make contact, helpers lift by armpits or lifejacket , not by arms or wrists. Life jacket buckled & tight at all times. Off OK only at lunch and camp. No knots in straps. Make sure your life jacket fitting has been checked by AO guide. Questions? Anyone not want to go? Please return your signed release form to AO guide. Assign guest crews to guides. Now, go to raft for positions and and further oriention.		
		24. Listen to your guide's instructions						
ALL-OUTDOORS USE:								
Itiner	ary	Guide		Res. Name				
Meet	t Time	Day Date		Reserved #		of		

PAGE 1 OF 2 • PLEASE FILL OUT BOTH SIDES & RETURN TO YOUR CHECK-IN GUIDE

PARTICIPANT AGREEMENT, RELEASE AND ASSUMPTION OF RISK

In consideration of the services of All-Outdoors, Inc., DBA All-Outdoors California Whitewater Rafting, the State of California, Department of Parks and Recreation, US Bureau of Reclamation, any other governmental agency, Pacific Gas & Electric Company, Placer County Water Agency, Sacramento Municipal Utility District, other water resource entities, and their agents, owners, officers, volunteers, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "AO"), I hereby agree to release, indemnify, and discharge AO, on behalf of myself, my spouse, my children, my parents, my heirs, assigns, personal representative and estate as follows:

 I acknowledge that my participation in Guided River Trips – Class 1-5 Whitewater Rafting Activities entails known and unanticipated risks that could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.

The risks include, among other things: slipping and falling; accidental drowning; whitewater rapids will be encountered; collision with fixed or moveable objects or other watercraft; being jolted, jarred, bounced, and shaken during rides; contact with food boxes, other storage containers, or other fixed equipment necessary to the operation of the expedition and the outfitting of the raft; "washed" overboard resulting in having to swim rapids risking collision with rocks and entanglement in trees; damage to equipment or personal injury; exposure to temperature and weather extremes which could cause cold water shock, hypothermia, hyperthermia (heat related illnesses), heat exhaustion, sunburn, dehydration; exposure to sun, strong wind, cold, storms, large waves, eddies, whirlpools, and lightning; exposure to potentially dangerous wild animals, insect bites, and hazardous plant life; transmissible pathogen or disease; equipment failure; improper lifting or carrying; travel in remote areas with poor or no access to emergency and/or medical services; my own physical condition, and the physical exertion associated with this activity.

Furthermore, AO personnel have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They might misjudge the weather or other environmental conditions. They may give incomplete warnings or instructions, and the equipment being used might malfunction.

- I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks. Additionally, I agree to wear a U.S. Coast Guard approved personal flotation device (life jacket) while participating in this activity.
- 3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless AO from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of AO's equipment or facilities, **including** any such claims which allege negligent acts or omissions of AO.
- 4. Should AO or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
- 5. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.
- 6. In the event that I file a lawsuit against AO, I agree to do so solely in the state of California, and I further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining document shall remain in full force and effect.
- 7. The undersigned waives the protection afforded by any statue or law in jurisdiction whose purpose, substance, cause and/or effect is to provide that a general release shall not extend to claims, material or otherwise, which the person giving the release does not know or suspect to exist at the time of executing this release. This means, in part, that the undersigned is releasing unknown future claims and specifically waives the provisions of California Civil Code Section 1542 which provides: A general release does not extend to claims that the creditor or releasing party does not know or suspect exist in his or her favor at the time of the executing the release and that, if know by him or her, would have materially affected his or her settlement with the debtor or released party.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against AO and agencies on the basis of any claim from which I have released them herein. I also agree that this document is valid for subsequent visits and participation at AO. I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

Signature of Participant _____

_____ Date _____

PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION (Must be completed for participants under the age of 18)

In consideration of the following minor: (print name) _______ being permitted by AO to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold harmless AO from any and all claims which are brought by, or on behalf of minor, and which are in any way connected with such use or participation by minor. Minor DOB ______

Parent or Guardian: _____ Date: _____ Print Name: _____ Date: _____

>>> RETURN THIS COMPLETED FORM TO THE ALL-OUTDOORS' GUIDE BEFORE BOARDING VEHICLE OR RAFT!!! <<< rev 4/2024